



HOMS Counseling Connection

<https://hawkscounselorconnect.weebly.com/>

February 2021

As **School Counselors** we offer individual **counseling to help students** resolve personal or interpersonal issues. We also offer small group **counseling to help students** enhance listening and social skills, learn to empathize with others, and find social support through healthy peer relationships

Dr. Jonie Rumph 6A & 8th
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Mrs. Pia Stewart
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February Upcoming Events Black History Month International Boost Self-Esteem Month

1-5 National School Counseling Week & Black Lives Matter Education Week
14-20 Random Acts of Kindness Week
14 Valentine's Day
17 Random Acts of Kindness Day

Character Trait of the Month RESILIENCE



re-sil-i-ence

the ability to find the inner strength to bounce back from a set back or challenge

"The greatest glory in living lies not in never falling, but in rising every time we fall."
-Nelson Mandela

RESOURCES:

[RESILIENCE VIDEO](#)
[RESILIENCE & TEENS VIDEO](#)
[Black Lives Matter Resources](#)
[KINDNESS VIDEO](#)

Guidance Lessons/Presentations

6th

- Love Your Selfie – Girls' small group
- Goal Setting

7th

- KUDER (Career Assessment)
- Building Resilience -Boy's small group (Mental Health)

8th

- Goal Setting
- Naviance Strengths Explorer

All Grades

Social Emotional Learning (SEL): Self- Esteem

[SELF-ESTEEM VIDEO](#)

Staff Spotlight

Dr. Kiara Hunt
Ms. Kimberly Jones
Mrs. Chantelle Mitchell
Mrs. Deandra Calvin
Dr. Spurlock